



Redbird & Rabbit Energy Medicine, LLC

Amy Bacchieri, Certified EEM Practitioner

GENERAL INFORMATION:

DATE	
NAME	
ADDRESS	STREET:
	CITY, STATE, ZIP:
DOB	
OCCUPATION	
REFERRED BY	

CONTACT INFORMATION:

HOW DO YOU PREFER TO BE CONTACTED?	Circle One: EMAIL PHONE CALL TEXT
ARE CONFIDENTIAL MESSAGES OK?	Circle One: YES NO
<i>(*Please indicate if confidential messages should not be left at any of the following.)</i>	
PREFERRED EMAIL	
PHONE NUMBER	HOME:
	CELL:
EMERGENCY CONTACT	NAME:
	PHONE(S):
	RELATIONSHIP:

WELLNESS/SESSION GOALS:

<p>GENERAL ASSESSMENT</p> <p>How would you describe your overall sense of wellness—both mentally and physically?</p>	
<p>PRIMARY GOAL?</p> <p>*What would you most like to get out of our sessions together?</p>	
<p>SECONDARY GOAL(S)?</p> <p>*What would you consider to be secondary goals for our sessions?</p>	
<p>SPECIFIC ISSUES</p> <p>*List any physical, mental, or spiritual issues you wish to address. Please include the following information:</p> <ul style="list-style-type: none">• how long you've had these issues• whether or not you've been given a specific diagnosis for these issues• other treatments you've tried and how well they worked	

HEALTH INFORMATION & HISTORY:

PRIMARY CARE PHYSICIAN	NAME:
	PHONE NUMBER:
	APPROXIMATE DATE OF LAST EXAM:
OTHER HEALTHCARE AND/OR HOLISTIC PRACTITIONERS *Please list the name and specialities of other healthcare and/or holistic practitioners with whom you are currently working.	1.
	2.
	3.
	4.
	5.

CURRENT MEDICAL INFORMATION:

DO YOU HAVE ANY OF THE FOLLOWING:	* Please Circle either yes or no.		* Please include any relevant information if applicable.
→ PACEMAKER	YES	NO	
→ METAL PLATES OR SCREWS	YES	NO	
→ HEARING AIDS	YES	NO	
→ DIABETES/INSULIN PUMP	YES	NO	
→ KIDNEY DISEASE	YES	NO	
→ HYPER/HYPO THYROID DISEASE	YES	NO	
→ HIGH BLOOD PRESSURE	YES	NO	
→ CIRCULATION ISSUES	YES	NO	
→ CANCER, RADIATION TREATMENTS, CHEMOTHERAPY	YES	NO	
→ EPILEPSY OR SEIZURE DISORDER	YES	NO	
→ AUTOIMMUNE DISEASE(S)	YES	NO	
→ ASTHMA	YES	NO	

→ MENTAL ILLNESS	YES	NO	
→ OTHER SIGNIFICANT ILLNESS OR DISEASE	YES	NO	
→ ARE YOU PREGNANT OR TRYING TO CONCEIVE?	YES	NO	

MEDICAL HISTORY:

	* Please Circle either yes or no.	* Please include any relevant information if applicable.
ANY MAJOR ILLNESSES, SURGERIES, OR ACCIDENTS, INCLUDING CHILDHOOD ILLNESSES?	YES NO	*Please include approximate dates if possible.
ANY TRAUMATIC EVENTS NOT INCLUDED IN THE PREVIOUS QUESTION?	YES NO	*Please include approximate dates if possible.
ANY HISTORY OF ALLERGIES, CHEMICAL, DRUG, HERBAL, OR FOOD SENSITIVITIES?	YES NO	

ANY HISTORY OF STROKES OR ANEURYSMS?	YES	NO	
ANY HISTORY OF MENTAL ILLNESS (IN THE PAST, NOT CURRENT)?	YES	NO	
ANY HISTORY OF EATING DISORDERS?	YES	NO	
ANY HISTORY OF DIGESTIVE ISSUES?	YES	NO	
ANY HISTORY OF HEADACHES?	YES	NO	
ANY HISTORY OF SINUS ISSUES?	YES	NO	
ANY HISTORY OF INFECTIONS?	YES	NO	
ANY HISTORY OF SKIN ISSUES OR DISORDERS?			
OTHER?	YES	NO	
FAMILY HISTORY *Please list any major diseases/conditions that run in your family if applicable.			

CURRENT MEDICATIONS AND SUPPLEMENTS:

*Please list anything you are currently taking.

NAME	PURPOSE	HOW OFTEN & HOW LONG?	ADVERSE REACTIONS?

LIFESTYLE INFORMATION I:

*All information in this form is confidential; answers are for information purposes only.	* Please Circle either yes or no.	AMOUNT/FREQUENCY? (IN GENERAL)	ADVERSE REACTIONS?
DO YOU DRINK ALCOHOL?	YES NO		
DO YOU CONSUME CAFFEINE?	YES NO		
DO YOU DRINK SODA?	YES NO		
DO YOU SMOKE/USE TOBACCO PRODUCTS?	YES NO		
DO YOU USE MARIJUANA?	YES NO		
DO YOU TAKE OTHER NON-PRESCRIPTION DRUGS?	YES NO		

LIFESTYLE INFORMATION II:

SLEEP *How is your sleep quality, and how many hours per night do you sleep on average?	
MOVEMENT *Do you exercise regularly? If so, describe what you do for movement/exercise.	
ENERGY LEVEL *How would you describe your baseline energy level?	
DIET NUTRITION *How would you describe your diet and nutrition habits? Do you follow a strict eating philosophy or regiment? Crave sugar/carbs?	
WATER *What is your daily water intake? Are you often dehydrated?	
STRESS *How would you describe your overall stress level? How well do you handle stress? How do you manage stress?	
PLEASURE *What do you do for fun/hobbies? How do you relax or unwind?	
JOY *What would you say gives you joy?	
OTHER *Is there anything else you would like to tell me that hasn't been addressed in this intake form?	

PLEASE READ CAREFULLY AND SIGN THE FOLLOWING:

I waive any liability towards Amy Bacchieri or Redbird and Rabbit Energy Medicine, LLC, that may arise due to any omission or misrepresentation of my health.

Signature: _____

Printed Your Name: _____ **Date:** _____